

Intimate care and toileting policy

1. Introduction

Hatch Warren Infant School is committed to safeguarding and promoting the welfare of children and young people. We are committed to ensuring that all staff responsible for intimate care of children will undertake their duties in a professional manner at all times. The Intimate Care Policy and Guidelines regarding children have been developed to safeguard children and staff. They apply to everyone involved in the intimate care of children.

Intimate care is any care which involves washing, touching or carrying out an invasive procedure (such as cleaning up after a child has soiled him/herself), that most children can carry out for themselves, but with which some are unable to do due to physical disability, special educational needs associated with learning difficulties, medical needs or needs arising from the child's stage of development.

2. Aims and Objectives

This policy aims:

- To provide guidance and reassurance to staff and parent/s.
- To safeguard the dignity, rights and well-being of children.
- To assure parents that staff are knowledgeable about intimate care and that their individual needs and concerns are taken into account.

3. Toileting and the Foundation Stage Profile

Curriculum guidance for the Foundation Stage is clear that the role of the adult involves supporting the child's whole development, particularly their Personal, Social and Emotional development including supporting the transition between settings. One of the Early Learning Goals for children to achieve by the end of the Foundation Stage is to "Manage their own basic hygiene and personal needs, including dressing, going to the toilet."

4. Intimate Care in Key Stage 1

We will inform all parents of Reception children prior to them starting school of the current toileting policy highlighting that we will change children for odd 'accidents' but not routinely as part of day to day personal care. This will be applicable for the time a child is in the Infant's (unless a parent informs us differently in writing.)

5. Parental responsibility

Partnership with parents is an important principle in any educational setting and is particularly necessary in relation to children needing intimate care. Much of the information required to make the process of intimate care as comfortable as possible is available from parents. Prior permission must be obtained from parents before Intimate care procedures are carried out through an Arbor permission or the completion of **Appendix 1**. If parents do not consent they will be contact to come to school to change their child. Parents should be encouraged and empowered to work with staff to ensure their child's needs are identified, understood and met. This will include involvement with Individual Education Plans (I.E.Ps), Health Care plans and any other plans which identify the

support of intimate care where appropriate. Exchanging information with parents is essential through personal contact, telephone or correspondence.

6. What the school expects of parents:

- Parents/carers will endeavour to ensure that their child is continent before admission to school (unless the child has additional needs).
- Parents/carers will discuss any specific concerns with staff about their child's toileting needs.
- Parents/carers must inform the school if a child is not fully toilet trained before starting school, after which a meeting will then be arranged to discuss the child's needs.
- Parents accept that on occasions their child may need to be collected from school.

7. Staff responsibilities

Anyone caring for children, including teachers and other school staff, has a duty to care and act like any reasonably prudent parents. Intimate care routines should always take place in an area which protects the child's privacy and dignity. Children's intimate care routines should always be carried out by an assigned member of staff. Appropriate support and training should be provided when necessary.

The following steps will be taken to ensure health and safety of both staff and children in dealing with a child who has wet/soiled themselves:

1. Alert another member of staff
2. Escort the child to a changing area i.e. designated toilet areas
3. Collect equipment and clothes
4. Adult to wear gloves
6. Child to undress as appropriate and clean themselves as much as possible under the verbal guidance of an adult.
7. Soiled clothes to be placed inside carrier bags (double wrapped) and to be given to parents at the end of the day. Plastic aprons and gloves should be disposed of in the designated bin.
8. Children are expected to dress themselves in clean clothing, wash their hands and return to class
9. Adult should wash their hands thoroughly after the procedure.
10. Area to be cleaned and disinfected by adult before returning to class.

If a child complains they are hurt in a genital area, then the following procedures are to be adhered to:

1. Ensure privacy before procedure
2. Ask child how they were hurt and ask the child if they he/she would like you to have a look at the area where they are hurt.
3. If child does not want you to look - don't, but instead phone parent to notify them that child has been hurt in genital area
4. If child is happy for you to look - encourage child to remove clothing from lower body, providing help or assistance only if requested,
5. Check if area is bruised, red or swollen
6. Encourage the child to dress themselves. Provide help and assistance as appropriate/required.
7. Phone parent to notify them that you have checked genital area.
8. Record the care given on "Record of Intimate Care Intervention" sheet
9. Record any injury in the Accident book.

Intimate care incidents must be recorded on the form stored in 1st Aid folders located in the Office, Year R corridor and Lower Girls toilets including date, time, name of child, adult(s) in attendance, nature of the incident, action taken and concerns or issues. This will also monitor progress made. Parents/Carers are to be informed as soon as possible verbally and the Record of Intimate Care Record is to be completed (See **Appendix 2**). An individual sheet is to be completed if it is not possible to have a direct conversation with a parent.

In the interests of Health and Safety, it is unreasonable for staff to be expected to change a child who regularly soils unless the child has a medical condition as an underlying cause. School does not have staffing levels to accommodate support teachers regularly leaving the class to attend to an individual's hygiene.

8. Special educational needs and child protection issues

The school recognises that some children with SEN and other children's home circumstances may result in children arriving at school with under developed toilet training skills. If a child is not toilet trained because of a disability his/her rights to inclusion are additionally supported by the SEN & Disability Act 2001 & Part 1V of the disability Discrimination Act 1995.

If a child's toileting needs are substantially different than those expected of a child his age, then the child's needs may be managed through an Individual Health Plan or alternatively they may be considered to require SEN support. A toileting program would be agreed with parents as advised by a Health Professional. Intimate care arrangements will be discussed with parents/carers on a regular basis and recorded on the toileting plan. If there is no progress over a long period of time, e.g. half a term, the school in consultation with the parents would seek further support, e.g. G.P's referral of child for specialist assessment.

An Education Health Care plan will outline the child's needs and objectives and the educational provision to meet these needs and objectives. The EHCP will identify delayed self-help skills and recommend a program to develop these skills. The management of all children with intimate care needs will be carefully planned. Where specialist equipment and facilities above that currently available in the school are required, every effort will be made to provide appropriate facilities in a timely fashion, following assessment by a Physiotherapist and/or Occupational Therapist.

Children in the Nightingale room who have an EHCP that have identified need in section B for Sensory and/ or Physical Health for personal/ intimate will gain permission from parents/guardians to managed their child's personal care needs, this will include toileting/ nappy changing, changing wet/ soiled clothes, dressing and feeding. Parents will be kept informed if there are any changes to the provision or the need of their child.

9. Child Protection

Careful consideration will be given to individual situations to determine how many adults should be present during intimate care procedures. If the toilet management plan (See **Appendix 4**) has been agreed and signed by parents, children and staff involved, two members of staff are to assist in the safe moving and handling of the child. The needs and wishes of children and parents will be taken into account wherever possible, within the constraints of staffing and equal opportunities legislation.

If a member of staff has any concerns about physical changes in a child's presentation (unexplained marks, bruises or soreness for example) the recognised child protection procedures should be followed. If a member of staff notices any changes to a child either physically or emotionally following an episode of intimate care, the matter will be investigated at an appropriate level and outcomes recorded. Parents/carers will be contacted at the earliest opportunity. Local Child Protection procedures will be adhered to at all times.

APPENDIX 1 (For all children when they start school - Permission through Arbor)

PERMISSION FOR SCHOOLS TO PROVIDE INTIMATE CARE

I understand that;

I give permission to the school to provide appropriate intimate care support to my child e.g.

changing soiled clothing, washing and toileting.

I will advise the Head Teacher of any medical complaint my child may have which affects issues

of intimate care.

Name.....

Signature.....

Relationship to child.....

Date.....

Child's Surname.....

Child's Forename.....

Male/Female.....

Date of birth.....

Parent/carers name.....

Address.....

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