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Dear Parents/Carers,

Did you know:

- 51% of UK 11-13 year olds have seen pornography, mostly unintentionally (evidence)
- 73% of parents say excessive smartphone-use is a source of family conflict (evidence)
- Among children aged 8-17 who are bullied, eight in ten experience it through a device (evidence)

As primary school headteachers in Basingstoke, we are concerned about these statistics, and want to support parents in these challenges.

We would therefore encourage every parent in Basingstoke to attend the webinar below, irrespective of your child's age.

What's it all about?

- We know that parenting in the digital age has never been more complex, with issues surrounding screen time, social media use and gaming.
- Many parents are concerned about the harmful content that can be accessed and their children's mental health and wellbeing.
- A lot more is known now about the **impact of smartphones**, but sometimes parents are just not aware.















So, if you....

- have children who haven't yet hit the smartphone age yet, but want to learn about the impact of them and also learn how to avoid future issues, or,
- have children who have a smartphone but you are concerned about the impact it has on their development and wellbeing, or
- feel alone in wanting to place restrictions on technology of delay giving them a smartphone, but feel unable to because giving your child a phone or playing online games is "what everybody does"...

...then please attend our free, online webinar where we will:

- Share statistics and research around technology and the impact on children's childhoods and mental health, and also what they can access.
- Empower you to be able to make choices and set boundaries both now and in the future.
- Talk through exactly what the Parent Pact is from "Smartphone Free Childhood"

Please note that the webinars have been organised by the headteachers of Basingstoke Primary Schools, and will be run by the charity <u>Papaya</u> - the real experts in this area. This is a fantastic opportunity not to be missed.

When is it, and how do I sign-up?

- Wednesday June 25th at 7:30 pm book here
- Tuesday July 8th at 6:00 pm book here
- Wednesday July 16th at 7:30 pm book here

Maximum of 1 hour.

Each session is the same!

There's more information attached in the mailing, too. We look forward to seeing you there!

With very best wishes.

Sue Boorman Headteacher

Deputy Headteacher

Jo Padfield







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