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Dear Parent/Carer,

Over the next few weeks Year 1 and Year 2 will be discussing the NSPCC's Underwear Rule in our PSHE lessons. During these discussions we will aim to teach our pupils the following important safety skills without giving explicit information, telling scary stories or even using the term "sexual abuse". We will be teaching our pupils the NSPCC's Underwear Rule, using the 'PANTS' acrostic, which is like a green cross code for staying safe from sexual abuse. We will use the term 'private parts' throughout our teaching but if a child asks for the correct terminology for private areas the staff would give the children the accurate and scientific name. PANTS stands for:

- Privates are private
- Always remember your body belongs to you
- No means no
- Talk about secrets that upset you
- Speak up, someone can help

If you would like to know more about the NSPCC's campaign more information can be found at nspcc.org.uk/underwear rule. Here is a link to the Pantosaurus song we will be sharing with the children as part of our lesson https://youtu.be/_SzBMEVYiyg. If you have any questions or concerns please don't hesitate to get in touch.

Kind regards,

The Year One and Year Two Team

Helen Arkell

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