

Below are book details which may be helpful to share as stories regarding various issues that can arise in family life (there are thousands of great story books out there but these are just a handful - available on Amazon/other book stockists or the free library service).

SEPARATION/DIVORCE

My Family's changing - Pat Thomas.

Dinosaur's divorce (Changing families) - Laurie Krasny.

Living with Mum and living with Dad (my 2 homes) - Melanie Walsh.

Two homes - Claire Masurel.

When my parents forgot how to be friends - Jennifer Moore Mallinos.

When parents separate - Dawn Hewitt.

You make your parents super happy - a book about parents separating - Richy K. Chandler.

Mum and Dad Glue - Kes Gray.

BEREAVEMENT

Muddles, puddles and sunshine - Diana Crossley.

Remembering - Child bereavement uk shop.

Is Daddy coming back in a minute (explaining sudden death) - Elke Barber.

Missing Mummy - Rebecca Cobb.

I miss my Sister (death of a sibling) - child bereavement uk shop.

Goodbye Grandma - Melanie Walsh.

A place in my heart (understanding bereavement) - Annette Aubrey.

When dinosaurs die (guide to understanding death) - Laurie Krasny Brown.

Missing Jack (death of a cat) - Rebecca Elliott.

I'll always love you (Death of a dog) - Hans Wilhem.

Goodbye baby (Miscarriage within family) - Gillian Griffiths.

We were gonna have a baby, but we had an angel instead (still birth/miscarriage).

Molly's rosebush (miscarriage within family) - Janice Cohn.

Gentle Willow (a story for children about dying) - Joyce C. Mills.

Always and forever - Alan Durant.

Sad isn't bad - Michaelene Mundy.

The elephant in the room - Amanda Edwards.

Badger's parting gifts - Susan Varley.

FAMILY

My blended family - Yandy Smith.

My Super family, a bk for blended families - Heather Orchard.

Big Brothers are superheroes, blended families Step Dad edition - Jessica Yahfoufi.

The great big book of families - Mary Hoffman.

There's a house inside my Mummy (pregnant Mum) - Giles Andreae.

Waiting for baby - Rachel Fuller.

Topsy and Tim, the new baby - Jean Adamson.

What's in your tummy Mummy? - Sam Lloyd.

My new baby - Rachel Fuller.

The new baby - Usborne books.

It's not fair (sibling rivalry when new baby born) - Anita Harper.

My Brother, my Sister and me (sibling rivalry) - Pat Thomas.

The second princess (sibling rivalry) - Hiawyn Oram.

Two Dads - Carolyn Robertson.

And Tango makes three (same sex parents) - Justin Richardson.

How are you feeling today baby bear (feelings after living in stormy home) - Jane Evans.

A terrible thing happened (for children witnessed violence/trauma) - Margaret M. Holmes.

When Mommy got hurt (story for young children about domestic violence) - Ilene Lee.

A safe place for Rufus (finding safety after turbulence) - Jill Seeney.

My Dad's in prison - Jackie Walter.

Murphy's 3 homes (children in foster care) - Jan Levinson Gilman.

The family fairies (adoption) - Rosemary Lucas.

My Parents picked me - Pat Thomas.

Maybe Days (adoption) - Jennifer Wilgocki.

HEALTH, ILLNESS AND MEDICAL CARE

Danny goes to the dentist – Robert Robinson.

Billy brush your teeth – Pamela Malcom.

Hey Duggee the tooth brushing badge.

Even fairies need glasses – Sienna Williams.

How do you know you need to go (toileting) – Wendy Hayden.

Dash's belly ache (for children who don't want to go to loo) – Wendy Hayden.

Katie goes to the Hospital – Barbar Taylor Cork.

Going to the Hospital – Stephen Cartwright.

Topsy and Tim go to Hospital – Jean Adamson.

Get well soon (Mum in Hospital) – Charlotte Hudson.

My Brother and me (family illness – sibling in Hospital a lot) – Sarah Courtauld.

Sometimes (sibling in Hospital a lot) – Rebecca Elliott.

When your Mum or Dad has cancer – Ann Couldrick.

Super Sammy (Type 1 diabetes) – Josh Hall.

The abilities in me (Type 1 diabetes) – Gemma Keir.

Picky Peggy (fussy eater) – Jennifer Dussling.

Harry starts to enjoy his food – Sarah, Duchess of York.

Charlie and Lola – my wobbly tooth must not ever never fall out – Lauren Child.

STRANGER DANGER / BODY PRIVACY / ROAD SAFETY

Never talk to strangers – Irma Joyce.

Ashley learns about strangers – Sara, Duchess of York.

My body! What I say goes (personal body safety) – Jayneed Sanders.

It's my body (body privacy) – Louise Spillsbury.

Susie and Sam learn about road safety – Judy Hamilton.

MOVING HOUSE

Lucy moves house – Barbara Taylor Cork.

Best friends forever (moving and missing old friends) – Melanie Joyce.

My best friend moved away – Nancy Carlson.

INCLUSION

It's ok to be different (diversity and acceptance) - Sharon Purtill.

Don't call me special (disability) - Pat Thomas.

Not like the others (our differences make us special) - Jana Broecker.

We all belong (diversity, race and empathy) - Nathalie Goss.

All are welcome (diversity, race and empathy) - Alexandra Penfold.

My Brother is Autistic - Jennifer Moore Mallinos.

He's not naughty (explaining children with ASD to other children) - Deborah Brownson.

I see things differently (first look at autism) - Pat Thomas.

Hi! It's me! I have ADHD! - Katelyn Mabry.

Red - a crayon's story (being true to your inner self - gender) - Michael Hall.

Introducing Teddy (being true to your inner self - gender) - Jessica Walton.

SLEEP ISSUES

The dream jar - Lindan Lee Johnson.

Goodnight, Mr Spy - Emily Reed.

What is sleep - Usborne books.

Scaredy squirrel at night - Melanie Watt.

Bloofus and Snatcher, the bad dream catchers - Imelda Summerton West.

Nightlights (mindfulness scripts encouraging calm).

GOING TO SCHOOL

Colour monster goes to school - Anna Llenas.

Dinosaur starts school - Pamela Duncan Edwards.

Whiffy Whilson, the wolf who wouldn't go to school - Caryl Hart.

Starting school - Janet Ahlberg.

My stinky new school - Rebecca Elliott.

Come to school too, Blue Kangaroo - Emma Chichester Clark.

My new school (changing schools) - Tom Easton.

FRIENDSHIP

Meesha makes friends - Tom Percival.

How to be a friend - Laurie Krasny Brown.

Will you be my friend? - Molly Potter.

Forget me not, friendship blossoms - Michael Broad.

Bear and Bird - Gwen Millward.

The cloud - Hannah Cumming.

The bully and the shrimp - Catherine Allison.

A niffleenoo called nevermind (standing up for yourself) - Margot Sunderland.

Who's afraid of the big, bad bunny - Steve Smallmann.

Ruby and the rubbish bin - (standing up for yourself) - Margot Sunderland.

SEPARATION ANXIETY

The Invisible string - Patrice Karst.

The kissing hand - Audrey Penn.

I love you all day long - Francesca Rusackas.

When I miss you - Cornelia Maude Spelman.

FEELINGS/BEHAVIOURS/EMOTIONS

Jasmine's so fussy - Judith Heneghan.

Brandon's so bossy - Judith Heneghan.

My manners matter - Pat Thomas.

Eleanor won't share - Julie Gassman.

Teamwork isn't my thing and I don't like to share - Julia Cook.

My turn, your turn (sharing) - Julia Seal.

I can make a difference (setting a good example) - Pat Thomas.

Ruby's so rude - Judith Heneghan.

Know and follow rules - Cheri J. Mechers.

Teach your dragon to understand consequences - Steve Harman.

I'll do it! Taking responsibility - Brian Moses.

I don't care - learning about respect - Brian Moses.

Super duper Dudley (showing off) - Sue Mongredian.

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Gracie grumposaurus - Brian Moses.

I'm happy - Karen Bryant Mole.

I feel sad - Mike Gordon.

How full is your bucket for kids - Tom Rath.

Words are not for hurting - Elizabeth Verdick.

Hands are not for hitting - Martine Agassi.

Feet are not for kicking - Elizabeth Verdick.

Teeth are not for biting - Elizabeth Verdick.

The whopper (telling fibs) - Rebecca Ashdown.

It wasn't me (honesty) - Brian Moses.

Tiddler, the story telling fish - Julia Donaldson.

Jamal Jealousaurus - Brian Moses.

The colour monster (feelings) - Anna Llenas.

In my heart, a book of feelings - Jo Witek.

How are you feeling today? - Molly Potter.

What am I feeling, defining emotions - Katie Flanagan.

What are feelings - Usborne.

The great big book of feelings - Mary Hoffman.

My many coloured days - Dr Seuss.

Teenie weenie in a too big world (feelings)- Margot Sunderland.

I am stronger than anger - Elizabeth Cole.

Cool down and work through anger - Cheri J Meiners.

When sadness comes to call - Eva Eland.

Angry Angrysaurus - Brian Moses.

Ravi's roar - Tom Percival.

It's not fair - Brian Moses.

My mouth is a volcano (interrupting) - Julia Cook.

Bella the storyteller (interrupting) - Adam Guillain.

I just don't like the sound of no! - Julia Cook.

Angry Arthur - Hiawyn Oram.

WORRIES & ANXIETY / POSITIVE MENTAL HEALTH / MINDFULNESS & RESILIENCE /
SELF ESTEEM/GOOD TO BE YOU

Ruby's worry - Tom Percival.

The huge bag of worries - Virginia Ironside.

How big are your worries little bear - Jayneen Sanders.

What's worrying you - Molly Potter.

What to do when mistakes make you quake - Claire Freeland.

What to do when you worry too much - Dawn Huebner.

William Worrydactyl - Brian Moses.

The Worrysaurus - Rachel Bright.

I'm worried - Brian Moses.

Worries go away! - Kes Gray.

It's ok to make mistakes - Todd Parr.

The girl who never made mistakes - Mark Pett.

Don't panic Annika! - Juliet Clare Bell.

What's going on inside my head? - Molly Potter.

My strong mind - Niels Van Hove.

Find your calm - Gabi Garcia.

I will be okay! - Laurie Wright.

Little meerkat's big panic (new ways to feel calm) - Jane Evans.

Hey there! What's your super power (growth mindset & resilience) - Jayneen Sanders.

The magic moment (mindfulness) - Niall Breslin.

Relax kids - The magic box (mindfulness scripts) -

Nightlights (mindfulness scripts encouraging calm & confidence).

Sitting still like a frog (mindfulness).

Pengwee's breath (mindfulness).

Tilda tries again - Tom Percival.

Mabel and the mountain (resilience) - Kim Hillyard.

Little grey donkey (being brave) - Nicole Snijders.

The mouse who sailed the seas - Amy Sparkes.

Don't be afraid little one - Caroline Pitcher.

I am not very brave - Timothy Knapman.

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The shark who was afraid of everything - Brian James.

Merton the mudskipper (bravery) - Sally Hopgood.

The lion inside - Rachel Bright.

Samuel Scaredosaurus - Brian Moses.

Well done little croc - Tony Maddox.

Keith the cat with the magic hat (just be you) - Sue Hendra.

I want to be like you (but just be yourself) - Stephanie Moss.

Willy and the wobbly house (just be yourself) - Margot Sunderland.

Perfectly Norman (just be you) - Tom Percial.

Sophie Shyosaurus - Brian Moses.

I'm shy - Karen Bryant - Mole.

Are you shy? - Nurla Roca.

Too shy for show and tell - Beth Bracken.

His royal shyness - Elizabeth Dale.

Marmaduke the very different dragon - Rachel Vaentine.

Something else - Kathryn Cave.